FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

37 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person* NIKOLAUS DONALD H														5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
MINOLAUS DONALD II																Direc			10% Owner	
(Last) (First) (Middle) 1520 QUARRY ROAD PO BOX 286						3. Date of Earliest Transaction (Month/Day/Year) 02/15/2005										X Officer (give title Other (spe below) President and CEO				
(Street) SILVER SPRING (City)	PA (St	ate)	17575 (Zip)		4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Indi Line) X					
	`			n-Deriv	,ative	. Sa	Curiti	as Δc	nuirad	Die	ennead o	f c	or Ber	nefic	ıəllv	Owne	ad			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2 E r) if	2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			(A) oi	or 5. Am 4 and 5) Secui Benet Owne		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(111501.4)		
Class A Common Stock ⁽¹⁾				02/15/2005					J	V	17.723		A	\$27.113		112,053.672		I)	
Class A Common Stock ⁽²⁾				02/15/2005					J	V	94.733		A	\$27.113		112,148.405		D		
Class A Common Stock ⁽¹⁾				02/15/2005					J	V	47.59		A	\$26.472		112,195.995		D		
Class A Common Stock ⁽²⁾				02/15/2005					J	V	254.487		A	\$26.472		112,450.482		D		
Class A Common Stock ⁽³⁾				02/15/2005					J	V	340.149		A	\$24.551		1 112,790.631		D		
Class A Common Stock ⁽³⁾					02/15/2005					V	3.788		A	\$24.551		747.279		I		Spouse
			Гable II -								osed of, convertib					wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea			4. Transa Code (8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y		te ear)	or Nu		f nstr. 3 mount umber	Deri Sec (Ins	3. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own For Dire or I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Tit	of tle Sh	nares						

Explanation of Responses:

- 1. 401(k) Profit Sharing
- 2. 401(k) Money Purchase Pension
- 3. Dividend Reinvestment Plan

Donald H. Nikolaus

** Signature of Reporting Person

03/01/2005

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.